

# GC RETREAT 2020 – PRESENTATION/WORKSHOP SCHEDULE

PLEASE NOTE: Parents of small children, when selecting your sessions, please be aware of the end time of our children's programs. Ages 0-8 program ends at 12:30 pm. Ages 9-10 program ends at 3:30 pm.

Each day from 1:45 - 5:00 pm we will have family-friendly activities requiring adult supervision. They are denoted in the selections below by \*\*\*. In addition to these family-friendly activities, your family can also enjoy the B.A Swim Club for \$25 per family per day or \$5 per person per day, the BACS playground and the Lion's Cafe for a smoothie and a playdate on the adjoining lawn.

## THURSDAY, JUNE 18, 2020 10:45 AM – 12:15 PM

<p><b>An Introduction to Godly Play</b> Coleman and Anne Grace Glenn</p>	<p>Godly Play is a Montessori-based children's spirituality program that emphasizes storytelling, wondering and child-led discovery learning. Various societies around the world have been revising it for New Church use and are now running programs. In this ninety-minute workshop, participants will experience a complete session of Godly Play, followed by time for questions, comments and discussion.</p>
<p><b>Arcana Coelestia Arranged: A Possible New Presentation for a Modern Audience</b> Scott Frazier</p>	<p>What if we produced a readers' version of Arcana Coelestia in English? The Arcana is full of repetition for a skeptical audience. What if we formatted it for readability? This is not a new translation but a project and discussion of formatting and editing. A sample will be offered.</p>
<p><b>Glass Workshop</b> J. Kenneth Leap</p>	<p>Bryn Athyn College glass instructor, J. Kenneth Leap will guide you through a hands-on creative experience with glass. \$20 materials fee.</p>
<p><b>How "the Kempton Project" Can Help You Read the Word</b> Lawson Smith</p>	<p>The Kempton Project is a website where you can read a New Church translation of the Sacred Scriptures. Use it to look up passages where the Heavenly Doctrine quotes a verse from the Scriptures. Sign up to make comments to help improve the translation. Learn to use this website!</p>
<p><b>Influx and Degrees in Psychology, Biology, and Physics: How to Make New Church Theistic Science with Enneads</b> Ian Thompson and Ron Horvath</p>	<p>To understand the psychology of the external (everyday) mind, we connect the Heavenly Doctrines with systematic theories used in science by relating the corresponding three discrete degrees of ends, causes, uses. The nine sub-degrees of the original three give yet more details. 'Ennead' is Greek for 9.</p>
<p><b>Loving – A Review of Friday Morning's Main Session</b> Main Session Review with various ministers</p>	<p>This presentation will be a review of today's main session, which focused on "Loving: Devotion to the Lord and care for one another." This slot provides an opportunity to explore these subjects further. The presenters will attend if possible, but we are inviting non-presenters to serve as discussion facilitators.</p>
<p><b>The Parts of Story: Three-Act Structure</b> Liz Kufs</p>	<p>Memorable stories have beginnings, middles, and ends, each containing essential components. Understanding these parts of story and their functions can help you overcome writer's block while crafting screenplays, stage plays, novels, short stories, and even provide perspective on your life's journey. This session summarizes the three-act paradigm, followed by Q&amp;A.</p>
<p><b>The Spirituality, Science, and Practice of Well-Being</b> Kirsten Huff and Rebekah Russell</p>	<p>The benefits of mindfulness, gratitude, and self-compassion are well-known in this day and age: practicing them helps us sleep better, improves our ability to ward off illness, and even helps us rebound from stress. Come to this workshop to hear about the science behind these practices, to explore how they fit in with the teachings in the sacred scriptures, and to engage in a few practices that will contribute to your well-being.</p>
<p><b>Walking Through the Valley of the Shadow of Death</b> Peter Buss Sr.</p>	<p>Walking through the valley of the shadow of death." If we choose what is wrong and want to escape it, how is He present? AE 1174 tells us He is right there, holding u as if by the hand, and He leads us by paths that He alone knows. How does He lead us from evil, yet leave us in freedom?</p>

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## THURSDAY, JUNE 18, 2020 1:45 – 3:15 PM

<p><b>A New Church Translation of the Sacred Scripture</b> Andrew Heilman, Stephen Cole, and the Kempton Project team</p>	<p>The first-ever translation of the Word in the light of the Heavenly Doctrine is now being published. We will describe what makes this a uniquely New Church translation and why this is so important. Nine years of additional work has gone into this new improved edition, available for purchase at the presentation.</p>
<p><b>Anxiety Meets Spirituality</b> Jeffrey Owen Smith</p>	<p>It's normal to be nervous about big decisions, but some people have anxiety about the smallest decisions! Is anxiety a purely physical disorder, or is there something spiritual going on? Come explore and discuss how to deal with anxiety through the lens of modern psychology and also Swedenborg's experience.</p>
<p><b>Bryn Athyn College - Carrying Forward Our New Church Mission</b> Brian Blair, Wendy Closterman, Suzanne Nelson</p>	<p>Learn how Bryn Athyn College is carrying out its New Church Mission in the classroom, student life, residence life, athletics and overall experiences on campus.</p>
<p><b>Building the New Christianity from the Word's Inner Meaning</b> Steve David</p>	<p>A true understanding of the Word is the mainspring of the New Christian Church. The Writings make 66,812 Bible references. They explain the meaning of 3500+ Bible words. As we learn how to spread this knowledge, the Bible-reading world is going to want it.</p>
<p><b>Four Portraits, One Lord</b> Grant Odhner</p>	<p>The Heavenly Doctrine provides a systematic idea of the Lord. But it's in the many snapshots in the Gospels that our idea of Him finds its "Object" in the person of Jesus Christ. We will explore how each Gospel contributes to our idea and sense of the Lord, and connects us with Him in faith and love.</p>
<p><b>Heavenly Habits: Making New Associations</b> Ray and Star Silverman</p>	<p>A basic premise of neuropsychology is that we are associative creatures who build up associative patterns of thought and feeling. A specific smell triggers a specific memory. In this workshop, we will discuss ways to dismantle ego-generated associations and replace them with new "heaven-sent" associations—called "heavenly habits" (HH 533).</p>
<p><b>Hope for Conjugal Love in the New Church</b> Panel &amp; Discussions by Brett Buick, Jared Buss, Nathan Cole and Derrick Lumsden</p>	<p>The Lord teaches us that "conjugal love will be raised up anew by the Lord" (CL 81). During this session we will look at how this promise for conjugal love can give us hope. We will be covering topics such as parenting, culture, &amp; recovery.</p>
<p><b>***New Church Day Fair</b> Andrea Cranch and Glynn Schauder</p>	<p>The mission of the Fair is to promote and nurture affections for the importance of celebrating June 19th especially for families. Activities include: art display, decorate cookies, white horse rides, toddler ballpark, dragon piñata, story corner, build the Holy City, assemble a Holy City Cake and more. (1:45 – 5:00 pm)</p>
<p><b>The Way We Were: The Beginnings of the New Church in Philadelphia</b> Andy Dibb and Chris Barber</p>	<p>It was 1784, the War was over, a new country was born. At the time few people realized that they were also witnessing the birth of a New Church. Join us on an exploration of the beginnings of the New Church in Philadelphia and the first years of its development.</p>

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<p><b>Breath and Movement based on Dynamic Neuromuscular Stabilization (DNS)</b> Kaitryn Pitcairn</p>	<p>Baby develops from the core out. They breath 32 million times before even rolling over. Within in that first year they close their diastasis (symptom of core dysfunction) through this progress and develop 5 stabilization systems. Come learn about the importance of breath and how it relates to core stability, how these systems compensate to make sure you can breathe and how returning to these fundamental positions can restore your core. Be ready to move.</p>
<p><b>Design and Press Your Own Ceramic Pendant or Ornament</b> Christina Orthwein</p>	<p>Come learn to make your own ceramic pendants or ornaments! We'll make designs, carve them into plaster and press clay. We'll talk about how creativity is an essential part of your life and how working with clay is a great representation of our natural and spiritual selves. \$8 materials fee.</p>
<p><b>Hymn Sing</b> Graham Bier</p>	<p>Come sing your favorite hymns in the Cathedral with full choir and instruments. Hymn suggestions encouraged to be sent to Graham.Bier@BACathedral.org ahead of time (from the 2005 Liturgy). "Shout to the Lord all the earth; break out in praise and sing for joy!" Psalm 98:4.</p>
<p><b>Letters to God: A Practical Tool for Self-Examination</b> Joanne Kiel</p>	<p>"Unless we are born again and created anew, so to speak, we cannot enter the kingdom of God." (True Christian Religion #572) Knowing ourselves and our inner thoughts, wishes, hopes, shortcomings, is a tangible way to self-examine and grow closer to God. Daily writing to God is a tool that allows us to know ourselves better.</p>
<p><b>New Church Challenge: How to Serve Our Neighbor</b> James P. Cole</p>	<p>A brief history and description of the current uses of New Church Challenge and a brainstorming session on how we can support people with disabilities to lead full natural and spiritual lives.</p>
<p><b>***New Church Day Fair</b> Andrea Cranch and Glynn Schauder</p>	<p>The mission of the Fair is to promote and nurture affections for the importance of celebrating June 19th especially for families. Activities include: art display, decorate cookies, white horse rides, toddler ballpark, dragon piñata, story corner, build the Holy City, assemble a Holy City Cake and more. (1:45 – 5:00pm)</p>
<p><b>Preserving the Heavenly Doctrine</b> Stephen Cole, Andrew Heilman, Lawson Smith</p>	<p>The Heavenly Doctrine Publishing Foundation has been established to preserve the Doctrine. We will highlight our work scanning the original manuscripts which are housed in Sweden and Bryn Athyn, and making them available in a simple and usable way. If you wish, bring your laptop and use the program.</p>
<p><b>The Serpent</b> Todd Beiswenger</p>	<p>This session is designed for all ages, probably run for an hour, and we'll have some fun with the teachings about the serpent and our five senses.</p>
<p><b>The Way We Were: The Tour</b> Andy Dibb and Chris Barber</p>	<p>What was Philadelphia like 1784? Get to see the Philadelphia of the early New Church. Dine at the historic City Tavern (est. 1773) near where Glen lectured (dinner cost not included in the price of the Retreat Program). This is a companion to the session: "The Way We Were." Van space for ride to Philadelphia is limited, sign up required. PLEASE NOTE: Participants will be off-campus 3:30 - 7:30 pm.</p>
<p><b>To Think Thoughts, to Make in Gold and Silver</b> Facilitated by Annina King and Ayisha Synnestvedt</p>	<p>Class, exhibit, and panel discussion on artistry and craftsmanship as expressions of truth. Inspired by Exodus 35, (building the Tabernacle): ' He has filled him with the spirit of God...to think thoughts, to make in gold, and in silver, and in bronze; to do in all the work from thought.' Wine and Cheese Provided.</p>
<p><b>Uses of Theta Alpha International and Its Fruits</b> Theta Alpha International Supported Recipients</p>	<p>Presentation on past and current uses of Theta Alpha and how they have affected our communities. Discussion on what we have learned and what are the best methods to support each other and New Church education in the future as we socialize over tea and cookies. \$5 suggested donation toward scholarship funds.</p>

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## FRIDAY, JUNE 19, 2020 10:45 AM – 12:15 PM

<p><b>Advances in New Church Theistic Science Concerning the Mind-Body Connection</b> Ron Horvath and Ian Thompson</p>	<p>Understanding mind-body connections has long been thought impossible, but, using the causal principles from the Writings, we advance New Church theistic science with some specific ideas for how physics is changed by influx from the spiritual. After introducing and explaining the proposal, we also suggest how these changes could be measured.</p>
<p><b>Behold I Make All Outreach New</b> Vance Genzlinger</p>	<p>Our efforts at outreach aren't working, despite innovative ideas, new technology and better outreach aids. Our current marketing principles may be the problem. We will discuss twelve good principles, including making Swedenborg's scientific and philosophic works as well-known as Newton's; and transferring outreach responsibility from ministers to laypeople.</p>
<p><b>Gillian Bedford's Painting Class With Watercolor Paint and Music</b> Gillian Bedford</p>	<p>Paint on several small pieces of watercolor paper to different types of music. Bring photos or images you would like to work from. Paint directly on the paper and achieve various moods to your work based on what you are trying to convey. Materials fee: \$5</p>
<p><b>Helping Each Other</b> John L. Odhner</p>	<p>The Lord to serve the hungry, thirsty, strangers, naked, sick and imprisoned. Beyond worldly needs, we all have spiritual needs—to serve, grow, connect, hope, heal and choose. In this session we will identify basic spiritual needs in ourselves and others and learn how to meet those needs.</p>
<p><b>Learning – A Review of Friday Morning's Main Session</b> Main Session Review with various ministers</p>	<p>This presentation will be a review of today's main session, which focused on "Learning: Drawing wisdom from the Word." This includes New Church education and continued learning for people of all ages. This slot provides an opportunity to explore these subjects further. The presenters will attend if possible, but we are inviting non-presenters to serve as discussion facilitators.</p>
<p><b>New Evangelism Approach</b> Henry Joel Kouassi Kouama</p>	<p>The Lord asks us to do all new things, we have always studied doctrine, with preaching, doctrinal classes, and this is a classic for all priests of the new church. To this we can add new techniques, new approaches, to win more people to the new church, here is my topic.</p>
<p><b>Off The Left Eye and What 18 Million Views of Writings-Based Videos Mean</b> Curtis Childs</p>	<p>After seven years and millions of interactions with all kinds of people all over the world, I've never been more optimistic about the potential for the Writings to change the world. Come for an intimate discussion about what caused Off The Left Eye's success and the exciting future ahead.</p>
<p><b>Sharing the Good News With Others</b> Julie Conaron</p>	<p>"Many are spiritual, neither religious nor churchgoers. How can we share our teachings with a hurting world? As a former hospice chaplain, now a contractor leading services at a facility, I'm touched by the affirmative way those served react to the Bible's internal meaning and the comfort it's brought them."</p>
<p><b>Toolkit for Spiritual Parenting and Grandparenting</b> Sarah Odhner and associates from General Church Education</p>	<p>The birth of each baby is a miracle! We gaze as a myriad expressions flit across the tiny brow. We celebrate milestones—grasping, sitting, walking. But how does the spirit within learn to grasp ideas, open to the Lord, and walk the path to heaven? New Church teachings give inspiring insights into spiritual development and how to nurture this journey with an open heart. Join us to reflect on spiritual parenting/grandparenting and explore tools that can be used throughout childhood.</p>
<p><b>Young Adult Session</b> Bishop(s)</p>	<p>By request, we have arranged a time for young adults (those 18-30ish) to visit with Bishop Buss, including Bishops Lindrooth and Heinrichs unless they are needed elsewhere. The purpose of this session is to explore together spiritual life, and how the church can serve.</p>

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## FRIDAY, JUNE 19, 2020 1:45 – 3:15 PM

<p><b>Creation: Why and How.</b> Rev. Dr. Erik E. Sandström</p>	<p>Exactly how the Creator created the universe, the role of the spiritual sun, how discrete degrees work, where they are now; how big is the universe, what God did before creation! How is it maintained. How the Creator redeems us, where we go; the uninhabited heavens, much more.</p>
<p><b>***Godly Play</b> Anne Grace and Coleman Glenn</p>	<p>Godly Play uses physical objects to tell stories from the Word and about the Church. Children ages 3-12 are invited to join, along with a parent.</p>
<p><b>How and Why to Create a Zero-Based Budget</b> Diana Mergen</p>	<p>Budgeting can be misunderstood and complicated. It doesn't need to be. Join me for an introduction to a proven plan that has helped people take control of their finances - and their lives. You will learn simple techniques to set up a budget based on where you are in your life today, while thinking about the future.</p>
<p><b>Learn to Live a Balanced Life Through Cooking</b> Chef Monica Sellecchia</p>	<p>Join me in preparing delicious dishes using local and seasonal ingredients that will nourish your body and help you establish healthy eating habits. \$10 Materials fee.</p>
<p><b>Life on a Balcony</b> Lori Odhner</p>	<p>This workshop will be a chance to explore storytelling. Spinning tales from your own experience, or imagination is a delightful way to both connect and find perspective. We will both read and tell stories, from ourselves and others in a small group of supportive listeners.</p>
<p><b>Look at Some of the Spiritual Gifts Men and Women Offer One Another</b> Roberta Stein Hitchcock (Bobbie)</p>	<p>Have you ever questioned your self-worth? Join us to consider what the Lord has to teach us about our earthly and spiritual importance, not only to loved ones, but to every single person we meet in a day. Swedenborg's Science of Correspondences let us in on some key ideas to boost our awareness of how much we matter to one another, not just as human beings but as men and women, Created in His Image and Likeness. PowerPoint presentation and discussion.</p>
<p><b>Near-Death Experiences</b> Helen Kennedy</p>	<p>The variety in NDEs shows they are tailored for each person individually. We will look at actual experiences in adults and children, allow time for personal NDE stories, focus on the beautiful living Light, and draw parallels from the Writings. Hopefully we can gain some insights from them for our lives.</p>
<p><b>Organ Tour</b> Graham Bier and Terry Schnarr</p>	<p>A "music appreciation" session that appeals to artists, engineers, and historians. The history of the organ will be presented in a highly-engaging, example-filled lecture. Includes an overview of technological development over two millennia and a specific overview of the Cathedral's two top-of-the-line organs and how they're used.</p>
<p><b>Preserving Our New Church Heritage for a New World</b> Carroll Odhner</p>	<p>An overview of the Swedenborg Library's New Church Collections which provide the very foundations on which the New Church is based and how to ensure the permanent preservation of these priceless collections and the continued dissemination of Swedenborgian thought around the world.</p>
<p><b>Respecting Tradition and Remaining Relevant: Finding Balance at ANC</b> Jim Adams, Kira Schadegg, Jeremy Irwin</p>	<p>ANC continues to respect the traditions that make us special while finding new and engaging ways to provide an educational experience that is meaningfully relevant to the lives of our students. Come hear about what ANC is up to these days, and enjoy a Q&amp;A with the administration.</p>
<p><b>Sacred Stories: A New Approach to Sunday School. Adapting the Godly Play Method for Our New Church Context.</b> Heather and Louisa Allais</p>	<p>Come and experience in reverence the wonder of the Lord's Word in a new way. Following a demonstration of the "Godly Play" story telling method we will unpack the benefits and blessings experienced in our Sacred Story space. Supported by New Church principles this method embraces learning in a loving way.</p>

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## FRIDAY, JUNE 19, 2020 3:30 – 5:00 PM

<p><b>Artists Talking to Artists</b> Christina Orthwein, Gail Simons, and Bronwen Mayer Henry</p>	<p>If you are a painter, writer, photographer, singer, dancer, sculptor, poet, jewelry-maker etc. Please join us for conversations and connection. We will connect-support-share-encourage-welp and cheer one another along in the highs and lows of creative life. Format is small group discussions, with Christina Orthwein, Gail Simons, and Bronwen Mayer Henry.</p>
<p><b>***Family-Friendly Guided Tours</b> Cairnwood Estate</p>	<p>Tours of Cairnwood Estate introduce visitors to the early history of Bryn Athyn and the supporting role John and Gertrude Pitcairn played to establish New Church education and religious social life in the community. Learn how the architectural features of the Estate follow Beaux Arts principles while articulating their personal values. Tours include a visit through all three floors of the home, the fully restored Chapel, Family Gallery, and service wing (Servant's Bedroom and Sewing Room). A quest for the children will keep everyone engaged!</p>
<p><b>Learning to Listen</b> Nina Cooper Dewees</p>	<p>Really listening, and being listened to, can lead to individual and relational understanding and healing. We will share ideas and experiences about how to listen with attention and compassion. We will then break into pairs, so that each of us can practice listening and be listened to.</p>
<p><b>Live Spiritable Podcast Taping</b> Spiritable Podcast Team</p>	<p>Watch a Spiritable video podcast with your own eyes! This new video and audio podcast interviews a variety of individuals on various spiritual topics. Past episodes have tackled discussions on near death experiences, the grief process, the effects of suicide, viewpoints of other religions, and more.</p>
<p><b>Massed Choir "Amen"</b> Graham Bier</p>	<p>Come sing the "Amen" from Handel's Messiah. Like to sing but don't know it? Don't worry, helpful online resources will be provided so that you can learn it at home. This workshop is to put the pieces together, and we will perform it at the end of the Pageant (7:30pm). PLEASE NOTE: The running time for this workshop is 1 hour.</p>
<p><b>Open House</b> Cairnwood Village</p>	<p>Cairnwood Village, independent living surrounded by friends. Open house showing all types of apartments for retiring members of the Church and its affiliates.</p>
<p><b>Relationships in Action</b> Lori and John Ochner</p>	<p>We will explore the dynamics that both enrich marriages and make them difficult. Beginning from the belief that God loves our relationships, we will explore patterns that show up. This can be a crucial step in either choosing them, or looking for a different way. Everyone is welcome, whether you are currently married or not.</p>
<p><b>Sex, Scripture, and Spirit: Fostering Meaningful Dialogue</b> The Rev. Christopher Augustus Barber</p>	<p>This session will review the basics of human sexuality study, foundations of New Church sexuality belief, and key conceptual and academic tools that can help foster compassionate conversations and lead to informed conclusions on various topics of sexuality import through the life-giving lens of New Church doctrine.</p>
<p><b>Soul Warrior - Discovering the Seven Sacred Soul Drives Given by the Lord To Guide You Towards Heaven.</b> Darren Brunne</p>	<p>All too often, we fluke our way out of survival and into thriving. But in many areas of life, we continue to suffer unnecessarily. Discover your 'soul drives' from the Seven Days of Genesis and consciously arm yourself for spiritual success through helping others find the Lord.</p>
<p><b>The Earth Helping the Woman in Revelation an All-Inclusive Universal Spirituality</b> Alain Nicolier</p>	<p>A workshop sharing experiences in reaching out with the 3foldword with an atheistic agnostic and animistic environment. New terminology, new paradigm, a non-dual approach is necessary to reach out to the diversity of the human race.</p>
<p><b>***The Time Traveler Experience</b> Glencairn Museum</p>	<p>A museum—like a time machine—is where the present meets the past. Travel with us to ancient Egypt, ancient Mesopotamia, ancient Greece, and medieval Europe and participate in hands-on activities. We'll bring the supplies, you bring a sense of adventure and your deductive skills! The "Time Travelers" experience is recommended for ages 5-12. One adult for every three children is required.</p>

# GC RETREAT 2020 – PRESENTATION/WORKSHOP SCHEDULE

## SATURDAY, JUNE 20, 2020 10:45 AM – 12:15 PM

<p><b>A Logopraxis Fishbowl</b> Erika Synnestvedt Brown</p>	<p>Logopraxis is a way to approach the Lord experientially as the Word. Come observe the first two Rounds of a Logopraxis meeting, then optionally join in on Round three with questions. Practitioners report a more dynamic sense of both the Writings and living their religion. Please read Divine Providence 319-320 in preparation.</p>
<p><b>Building Community</b> Grand Human Project Team</p>	<p>Explore how we can foster spiritual community in today's world. Share your ideas of what gathering together means to you, how you stay connected, discover what small groups programs and resources are available, and learn more about the new Grand Human Project and how to use this new community-building resource.</p>
<p><b>Choose the Joy of Spiritual Growth</b> Nathan Gladish and Kelly Woofenden</p>	<p>Is your daily life full of "opportunities" to work on spiritual growth? Come explore down-to-earth New Church tools to raise your mind from negativity so you can choose heavenly joy. Learn the story behind the system, then experience break-out groups for practice. Take home 52 tasks to lift your spirit!</p>
<p><b>Exploring the Future of New Church Education</b> Rev. Brian Smith</p>	<p>Which strengths of New Church education can we continue to build on and what insights in the doctrines remain under-developed? Are new forms required for the internet-based 21st century world? Come hear what we have learned in the first couple months of a new approach to New Church education.</p>
<p><b>Finding Hope Storytelling Offering on Anxiety/Depression</b> Bronwen Henry and Finding Hope team</p>	<p>Finding Hope is an initiative coordinated by Bryn Athyn Church to create spaces to talk about things we don't usually talk about and expand our capacity to be present for one another in hard times. Participants will reflect, explore, connect and gain resources around resources facing anxiety/depression.</p>
<p><b>"Improv" Your Communication Skills</b> Justine and Jared Buss</p>	<p>Cultivate your communication skills by playing dramatic improvisation games together. Using teachings from the Word and the basic tenets of effective improvisation, we will explore how to love our neighbors better through the listening skills and teamwork that improv games require. Come ready to move, be silly, and have fun.</p>
<p><b>Learning from Others: Identifying and Overcoming Obstacles to Faith</b> Allen Bedford</p>	<p>The questions addressed in this session are: 1) What obstacles stand in the way of faith? 2) In what ways is the General Church well suited to building faith? The session format is short, introductory prompts followed by small group work and reporting back to the full group.</p>
<p><b>Living – A Review of Saturday Morning's Main Session</b> Main Session Review with various ministers</p>	<p>This presentation will be a review of today's main session, which focused on on "Living: Inspiration to live and serve in authentically New Church ways." This slot provides an opportunity to explore these subjects further. The presenters will attend if possible, but we are inviting non-presenters to serve as discussion facilitators.</p>
<p><b>Making All Things New: New Church Global Impact on 19th Century Education</b> Sarah Odhner</p>	<p>Early British New Church members revolutionized education by pioneering new teaching methods for poor and needy infants. They were so successful that within a decade their system was used around the globe. This interactive session will examine New Church ideas that reshaped childhood, transformed teaching methods, and made the playground an essential part of every school.</p>
<p><b>Spiritual Practices That Make Our World Come Alive</b> Erik Buss</p>	<p>I believe that spiritual practices wake us up spiritually. We'll explore how and why they are important, which ones the Lord says we should be doing, and consider ideas about how to bring them into our lives. Their biggest gift is bringing us a living sense of the Lord's presence.</p>
<p><b>Zentangle Workshop</b> Jenn Beiswenger</p>	<p>Zentangle© is an art form combining doodling with mindfulness. Come learn the mesmerizing process of tangling, calming and re-focusing our spirits, using our God-given gifts to love, learn and live by creating unique cards to 'pay it forward' to others. No artistic skill necessary; step-by-step instructions and materials provided.</p>

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## SATURDAY, JUNE 20, 2020 1:45 – 3:15 PM

<p><b>A Space for Listening</b> General Church Outreach</p>	<p>Do you have thoughts related to the General Church experience that you'd like to share with others? Do you have an idea that you feel would help the church flourish? As we grow as a church community, everyone's voices matter in helping us evolve with even greater compassion, courage and clarity. In this workshop, attendees will have a chance to connect, share ideas and experiences, and help shape our future.</p>
<p><b>All Things New: Toward New Church Spirituality</b> Dan Synnestvedt, Ray Silverman, Mark Pendleton</p>	<p>There are many spiritual practices in our world that offer hope and healing. This presentation/workshop will highlight some of these practices, then guide participants into the heart of spiritual life: The Ten Commandments, the Steps of Repentance, and charity at work. Come and see!</p>
<p><b>Gender Qualities and Stereotypes</b> John L. Odhner</p>	<p>New Church teachings on gender transcend the stereotypes of the past and offer a deeper view of gender in human relationships. In the context of some of these teachings, we will share experiences and hopes on a relational and personal level (not so much on an organizational or political level).</p>
<p><b>How Can We Serve?</b> Chuck Blair</p>	<p>Simply put, we are called to serve. How does that look? How do we do serve effectively? What is the Lord asking of us? How does a service ethos impact our communities and our churches? Join us for a rich conversation including NewChurch LIVE congregants involved in service work throughout the Philadelphia region.</p>
<p><b>Inspirational Calligraphy</b> Hannah Dewees</p>	<p>This workshop will allow you to take your favorite meaningful quote from the Word or Swedenborg's Writings and make it into a beautiful piece of art. This creative process gives time for reflection and connecting with others. At the end of the session you will take home a creative representation of words that are inspirational to you.</p>
<p><b>Negative Feelings Inspired by Hell</b> Peter Buss Sr.</p>	<p>Negative feelings inspired by hell: how to banish them." We are all afflicted by feelings of guilt and worry which get out of proportion. They are a torment. The Lord tells us which spirits inspire them, how they get into us, and how to banish them.</p>
<p><b>Online Politics and Spiritual Practice</b> Leah Rose</p>	<p>In this workshop we will consider how to use online political discussions as ground for our spiritual growth. We will not address political topics directly, but focus on principles from doctrine and ways of applying them to cultivate generosity, kindness, and calm, both within ourselves, and in our online interactions.</p>
<p><b>***Service Project</b> Lynnellen King and Bradley Cranch</p>	<p>Connect with others and make a difference by helping clean up the Bryn Athyn Cemetary.</p>
<p><b>Share Ideas and Love for Celebrating June 19<sup>th</sup></b> Andrea Cranch</p>	<p>A gathering for people who care about finding ways to celebrate June 19th. We can share family traditions - foods and activities, ideas for children's gifts and ways to decorate our homes. Feel free to bring a show and tell or two!</p>
<p><b>Zumba</b> Meg Walker</p>	<p>Zumba is a Latin-inspired fitness class incorporating international music and dance movements. No prior experience is necessary: just a desire to move and have fun. Please wear shoes suitable for aerobic activity and bring a water bottle.</p>

# GC RETREAT 2020 – PRESENTATION/WORKSHOP SCHEDULE

## SATURDAY, JUNE 20, 2020 3:30 – 5:00 PM

<p><b>Asia New Church Mission</b> Rev. John Jin</p>	<p>Video and presentation showing the purpose and principals of the Asian Mission. We'll talk about the startup, growth, current situation and strategy for future generations in the Korean and Japanese New Church; as well as the current situation, and future strategies of Chinese Missions, starting with the New Millennium. Finishing up with advice and Q&amp;A.</p>
<p><b>Breath, Posture, Movement as a Spiritual Practice</b> Roxanne Rhodes</p>	<p>I plan to offer some basic information and movement practices enhancing breath awareness with some quotes from Swedenborg and others, the importance of posture in daily life, and then exploring both as they relate to sitting, standing, walking. Wear shoes you can remove. Interactive</p>
<p><b>Contemporary Music Workshop</b> Graham Bier</p>	<p>Do you ever lead or join the band or song team for worship (or wish to)? This workshop is for you. The main goal is to jam together while sharing ideas and music. Music ideas may be sent to Graham.Bier@BACathedral.org ahead of the session. All instruments welcome.</p>
<p><b>Curiosity and Creativity</b> Steve Conroy</p>	<p>We are going to explore some of the spiritual aspects of curiosity, considering its role in creativity and the discovery of new forms. To illustrate this, we will look at how the “unexpected” shows up in photography, but the discussion could apply to other arts, as well as science, etc.</p>
<p><b>Exploring Watercolor Painting</b> Tania Alden</p>	<p>Take a deep breath and enjoy a relaxed and beginner-friendly imaginative watercolor exercise that focuses on playing with color and pigment. The Lord our creator is present in all creativity, and this workshop invites you to celebrate that gift. \$15 materials fee, all materials provided.</p>
<p><b>Exploring Your Use</b> Charity Warwick</p>	<p>An interactive workshop looking at the concept of use and how it guides and informs our lives in the natural world.</p>
<p><b>General Church Directions</b> Bishop(s)</p>	<p>Based on key passages about what the church is here to do, Bishop Buss, likely together with Bishop Heinrichs and Bishop Lindrooth, will outline some of the ways the General Church is striving to serve in the coming years. We will explore strategic directions together and solicit input on how to make them successful.</p>
<p><b>NCAP Publications Expanding in 21st Century</b> Lisa Childs and others</p>	<p>NCAP Publications Expanding in the 21st Century: Swedenborg Scientific Association, Swedenborg Foundation, General Church, SPI: Notable new books, activities, and outreach: Theistic Science Symposium, Amazon, social media, eBooks, need for a Science platform (strong interest seen at 2019 Theistic Science Symposium!), future plans, and more! Publications is an expanding world!</p>
<p><b>Our Lives Our Choices</b> Jim deMaine, MD</p>	<p>A critical care physician discusses his experiences caring for patients approaching earthly life's end. What does a “good death” mean? Ethical concerns about our choices will be explored. Cases highlighting hopes, fears, hospice, palliative care and advance directives will be presented in this interactive session.</p>
<p><b>***Sewing Squares</b> Lori Odhner</p>	<p>Does your Congregation have a new baby? Want to bless someone going through a hard time with a cozy quilt or a prayer shall? Lori is inviting children and parents to join her in sewing squares that will be bound and sewn together to create a blanket for you to bring to someone in your community.</p>
<p><b>Swedenborgian Media Panel Discussion</b> General Church Outreach, and other panelists</p>	<p>This live panel discussion features a variety of dynamic video and audio production teams that are sharing New Church ideas and theology online and creating an interactive community of viewers. Learn how they approach presenting doctrine in a digestible way, tips they've learned, and audiences they've gathered.</p>